

**Banchbo
Healing
Touch
Foundation**

A touch of healing...

SANJOG

Connecting with Care

Monthly News Letter Published by

**Banchbo Healing Touch
Foundation**

A TOUCH OF HEALING

Serving Humanity Since 2007



MAY 2026

Issue 02



CARE • CONTRIBUTE • SUPPORT



Compassionate
Care



Support With
Dignity



Healing
Together

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54, Barada Avenue, Garia, Kolkata - 700084, West Bengal, India



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*To our beloved members,
well-wishers, and valued
stakeholders,*



It is a privilege to present the second issue of “**Sanjog**”, steadily growing as a platform of connection, care, and shared purpose.

Over the past month, our activities have been both dynamic and impactful. We are encouraged by the overwhelming appreciation and heartfelt responses from our members and well-wishers. **Sanjog** has truly strengthened our sense of togetherness, while our team’s dedicated and prompt efforts have ensured the successful provision of all our services—reaching those in need with timely support. We are also delighted to welcome new members into our fold, further enriching our community.

Our participation in notable platforms, including forums like FICCI, has enhanced our visibility and strengthened our collective voice. The enthusiastic engagement in our “**Boishakhi Adda**” beautifully reflected the warmth and spirit that binds us.

Adding to this momentum, we have initiated the Recreational Unit - **Nabo Aanonde Jago ~ Reignite Life with Joy** and Yoga Unit - **Yogtaranga** to promote holistic well-being—addressing physical, mental, and social health together. We also take this opportunity to warmly congratulate our **Best Performers of the Year** for their outstanding contributions—their dedication continues to inspire us all.

As we move forward, we remain committed to expanding our reach and deepening our impact. **Sanjog** will continue to capture and carry this journey of care and connection.

Warm regards,

A handwritten signature in black ink, reading "Dr. Dhires Kumar Chowdhury". The signature is stylized and includes a long, sweeping underline that extends to the right.

Dr. Dhires Kumar Chowdhury,
Editor, Sanjog

07th May, 2026

ABOUT

Banchbo Healing Touch Foundation



Eastern India's first 24 × 7 Geriatric Multidisciplinary Home Healthcare Initiative

I ABOUT US

Banchbo Healing Touch Foundation (BHTF) is a pioneering organization dedicated to delivering comprehensive and compassionate geriatric home healthcare.

Marking a significant milestone in its journey, the organization underwent a transformational evolution in 2024 by establishing itself as a registered Section 8 Company. This transition reflects BHTF's commitment to strengthening its institutional framework, enhancing governance, and expanding its capacity to deliver scalable, sustainable, and high-quality elder care services.

With a multidisciplinary team of experienced healthcare professionals, BHTF provides a 24×7 "one-stop" solution encompassing medical, nursing, and supportive care. Driven by empathy, professionalism, and a vision for inclusive ageing, BHTF continues to set benchmarks in geriatric healthcare while building a future where every elder can live with dignity, security, and holistic well-being.

Beyond healthcare delivery, BHTF has actively extended its commitment to social responsibility through a range of philanthropic initiatives. The Foundation supports the education of underprivileged children, promotes skill development among youth, and provides holistic socio-medical support to elderly populations—particularly those from marginalized communities in remote regions such as the Sundarbans.

Legal Status: Section 8 Company registered under Ministry of Corporate Affairs, Government of India

Year of Commencement: 2007

Year of Registration as a Section 8 Company: 2024

Operational Area: South Kolkata, Saltlake, New Town & adjacent areas

SOUTH KOLKATA

Details of Service & Membership

SERVICE DETAILS

Diamond Member

Preventive Care at home (monthly basis)

- Monthly Preventive Check-up by Geriatric oriented Doctor
- 1 time Eye/Dental check-up
- 2 times ECG
- 2 times Basic Blood Test
1st Schedule: Hb, Sugar Fasting, Creatinine, Uric acid, Calcium
2nd Schedule: Any 3 from Lipid Profile, LFT, Thyroid Profile, HBA1C, PSA
- 1 time Dietitian's consultation

Golden Member

Preventive Care at home

- Alternate Month Preventive Check up by Geriatric Oriented Doctor
- 2 times ECG
- 2 times Basic Blood Test
1st Schedule: Hb, Sugar Fasting, Creatinine, Uric acid, Calcium
2nd Schedule: Any 2 from Lipid Profile, LFT, Thyroid Profile, HBA1C, PSA
- 1 time dietician's consultation

HIGH DEPENDENCY MEMBER

- Weekly visit by Geriatric Oriented Doctor
- 1 time ECG
- 1 time Basic Blood Test
- 1 time dietician's consultation
- Weekly visit and reporting by Care Manager or Nurse

CARE 360 SERVICE

- Any type of Non-Medical support (Including bank/post office/municipal/ insurance/mediclaime related work, OPD, Diagnostic center visit and Hospitalization, Shopping, Recreational Companion – visit to relative/friends home, book reading, visit to social events, cinema etc)
- 2 times Nurse's visits monthly.
- Medicine arrangement as per prescription if needed.

MR. APURBA GHOSH
(Promotional Manager)

+91 87775 65221 / +91 99033 88556

24 X 7 Emergency Service at home with full Medical support by our Emergency Medical Unit (EMU), Ambulance, Hospitalisation Assistance if required.

SALT LAKE

Details of Service & Membership

SERVICE DETAILS

Premier Membership

- Every alternate month Preventive Check up – Physically
- Every alternate month Preventive Check up – Tele consultation
- Weekly once Care Manager Visit for checking Vital Parameters, Medicine Sort out and companionship 30 minutes each visit
- 1 time Blood Tests (Hb, Urea, Creatinine, Sugar fasting, Lipid Profile, LFT)
- 2 times ECG
- 1 time Dietician's consultation
- 1 time Dental Check up
- 24 x 7 Emergency Assistance
- Added Service at an affordable price

Basic Membership

- Every Quarterly Preventive Check-up – Physically
- Twice yearly Tele Preventive consultation. Fortnightly once Care Manager Visit for Checking Vital Parameters, Medicine Sort out and companionship 30 minutes each visit
- 1 time ECG
- 24 x 7 Emergency Assistance
- Added Service at an affordable price

HIGH DEPENDENCY MEMBER

- Every month Preventive Check up
Every month Tele Consultation.
- Weekly Care Manager Visit for checking Vital Parameters, Medicine Sort out and companionship 30 minutes each visit
- 1 time Blood Tests (Hb, Urea, Creatinine, Sugar fasting, Lipid Profile, LFT, Na, K, Uric Acid, TSH)
- 2 times ECG
- 1 time Dental Check up
- 1 time Basic Blood Test
- Added Service at an affordable price
- 1 time dietician's consultation
- 24 x 7 Emergency Assistance

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(Promotional Manager)

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24 X 7 Emergency Service at home with full Medical support by our Emergency Medical Unit (EMU), Ambulance, Hospitalisation Assistance if required.



DETAILS NEW MEMBERSHIP

NEW MEMBER ENROLMENT LIST APRIL 2026

Sl. No.	Name	Age	Membership No. & Category	Designation
01	Sunanda Sur	86	1801 - Diamond	Retired (West Bengal Tourism Officer)
02	Nivedita Niyogi	76	1802 - Golden	Ex Bsnl Employee (Sr. To Ap)
03	Mandira Chatterjee	83	1803 - Golden	Retired Professor (Zoology)
04	Biman Ranjan Das	77	1804 - Diamond	Retired Director (Geological Survey Of India)
05	Sasanka Sekhar Chakraborty	82	1805 - Golden	Retired Electrical Engineer
06	Keya Bose	75	1806 - Golden	Housewife
07	Atreyee Gupta	75	1807 - Golden	Housewife
08	Bharati Dey Sarkar	80	1808	Housewife
09	Dr. Himansu Banerjee	84	1809 - (Short Term)	Doctor

*"Wrinkles will only go where the smiles
have been."*

Jimmy Buffet



MEMBER BIRTHDAY WISHES

April 2026



Alo Sengupta

01-04-2026



Pradyot Kumar Bhattacharya

01-04-2026



Sunanda Sanyal

06-04-2026



Jharna Saha

07-04-2026



Chaitali Chatterjee

10-04-2026



Krishna Patra

11-04-2026



Papiya Ghosh

11-Apr-2026



Bhaskar Uday Ghosh

13-Apr-2026

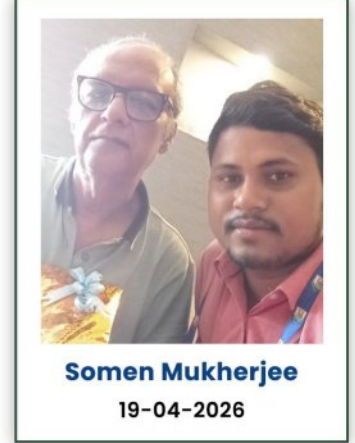
HAPPY
Birthday

To all the members who had a Happy Birthday for the month of April, Banchbo Healing Touch Foundation wishes you a very happy birthday. The Banchbo Healing Touch Foundation family is extremely blessed and delighted to be able to hand over the gift to them. May the coming days be healthy and happy.



MEMBER BIRTHDAY WISHES

April 2026



HAPPY
Birthday

To all the members who had a Happy Birthday for the month of April, Banchbo Healing Touch Foundation wishes you a very happy birthday. The Banchbo Healing Touch Foundation family is extremely blessed and delighted to be able to hand over the gift to them. May the coming days be healthy and happy.

KEY EVENTS AND HIGHLIGHTS

Summary of Important Programmes conducted during the period

1. Panel Discussion: Reason Care AI based App Launching
2. Seminar on silver economy & healthy aging
3. Practical training of students of banchbo school of human skill development at jagriti dham
4. Practical training of students of banchbo school of human skill development in collaboration with ramakrishna mission vidyamandira, bose house campus
5. Public Awareness Program: World Parkinson’s Disease Day
6. Best Performer of the Year Award

PANEL DISCUSSION: REASON CARE AI BASED APP LAUNCHING



ReasonCareIQ™, an AI-powered healthcare assistive support platform by Reason Analytics Softech Pvt Ltd.

Panelist Present

1. Mr. Debasish Sen

Retd. IAS, Chief Guest, former Principal Secretary & Chairman of HIDCO, Government of West Bengal

2. Dr Dhiresh Kumar Choudhury

Geriatrician and Founder – Banchbo Healing Touch Foundation.

Moderator: Mrs. Ina Bose, Eminent Academic Consultant.

3. Prof. Dr. Bhabatosh Biswas

Eminent Cardiac Surgeon and Former Vice Chancellor, West Bengal Health University.

4. Mr. Biplab Jana

Founder CEO of Reason Analytics Softech.

Highlights of some important points:

Artificial Intelligence is set to transform healthcare—making it more accessible, efficient, and personalized – Mr. Debasish Sen

The critical importance of timely response in medical emergencies – Prof. Dr. Bhabatosh Biswas.

Mental health and companionship needs in elderly care by Dr Dhiresh Kumar Choudhury.

SEMINAR ON SILVER ECONOMY & HEALTHY AGING



Eminent Panelist

- **Ms Sonali Ghosal**
Managing Director, Nightingale Group of Companies,
Co-Chair, FICCI - West Bengal State Council
- **Ms Nilanjana Maulik**
Secretary General, Alzheimer's & Related Disorders
Society of India (ARDSI), Kolkata Chapter
- **Dr Reema Nadig**
Co-Founder & Chief Operating Officer, KITES Senior Care
- **Mr Prateep Sen**
Founder & Co-CEO, Tribeca
- **Mr Rajagopal G**
Co-Founder, Director & Group CEO, Serene Communities
- **Mr Jaison Jose**
Co-founder & Whole time Director, Xelpmoc
Design & Tech
- **Mr Rajat Banerji**
Senior Vice President, Amway
- **Dr Dhires Kr. Chowdhury**
Founder, Banchbo Healing Touch Foundation
- **Mr Aninda Das**
Vice President, Infinity Group
- **Mr Sharat Sattur**
VP Sales Head, Portea
- **Mr Manoj Maity**
Founder, Managing Director, Maity's
- **Dr Indrani Chakravarty**
Chief Functionary, Calcutta Metropolitan Institute of
Gerontology
- **Dr Prof Arunansu Talukdar**
Head, Geriatric Medicine Department, Medical College,
Kolkata, Geriatric Society of India



Dr. Dhires Kumar Chowdhury, Founder Director of Banchbo Healing Touch Foundation, participated as a panelist in a high-impact conference on **Silver Economy & Healthy Ageing** held at The Park Hotel on 10th April 2026, organized by Federation of Indian Chambers of Commerce and Industry.

He spoke in the panel on **“Evolving Geriatric Care – Institutional Frameworks, Care Models & Community Linkages,”** alongside distinguished experts including Dr. Arunansu Talukdar, Dr. Reema Nadig, Mr. Prateep Sen, Mrs. Nilanjana Maulik, and Mrs. Suparna Sengupta, with moderation by Mr. Aninda Das.

The session highlighted the growing importance of integrated, collaborative approaches in elderly care, reinforcing a key message: **geriatric care is no longer optional—it is an urgent national priority.**

"Growing old is mandatory, but growing up is optional!"

Walt Disney

SEMINAR ON SILVER ECONOMY AND HEALTHY AGEING

PANEL SPEAKER
Dr. Dhires Kumar Chowdhury
 Founder Director, Banchbo Healing Touch Foundation & Honorary Principal, Banchbo School of Human Skill Development

Evolving Geriatric Care - Institutional Frameworks, Care Models & Community Linkages

PRACTICAL TRAINING OF STUDENTS OF BANCHBO SCHOOL OF HUMAN SKILL DEVELOPMENT AT JAGRITI DHAM



The practical training of students from Banchbo School of Human Skill Development at Jagriti Dham stands as a vital step in bridging classroom learning with real-life caregiving experience. This hands-on exposure enables students, especially those enrolled in healthcare and nursing assistant courses, to apply their theoretical knowledge in a compassionate and professional environment.

At Jagriti Dham, students engage directly with elderly residents and individuals in need of care, gaining invaluable experience in patient handling, basic medical assistance, hygiene maintenance, and emotional support. Under proper supervision, they learn essential skills such as monitoring vital signs, assisting in daily activities, and maintaining a patient-centric approach.

Beyond technical learning, this training nurtures empathy, patience, and a sense of responsibility—qualities that are indispensable in the caregiving profession. It also boosts the confidence of students, preparing them to face real-world challenges with competence and sensitivity.

This collaboration not only enriches the students' learning journey but also contributes meaningfully to the well-being of the residents at Jagriti Dham. It reflects Banchbo School of Human Skill Development's commitment to creating skilled, compassionate, and socially responsible professionals ready to serve the community.



PRACTICAL TRAINING OF STUDENTS OF BANCHBO SCHOOL OF HUMAN SKILL DEVELOPMENT IN COLLABORATION WITH RAMAKRISHNA MISSION VIDYAMANDIRA, BOSE HOUSE CAMPUS



The students of Banchbo School of Human Skill Development recently participated in an enriching practical training programme on physiotherapy at Ramakrishna Mission Vidyamandira, one of the premier educational institutions under the Ramakrishna Mission known for its holistic approach to education and skill development.

The primary objective of this training was to provide hands-on exposure to physiotherapy techniques and to bridge the gap between theoretical knowledge and real-life clinical practice. Ramakrishna Mission Vidyamandira, established with the vision of imparting comprehensive education combining academic excellence with moral and practical training, offered an ideal environment for such experiential learning.

During the training, students were introduced to the fundamentals of physiotherapy, including patient assessment, basic therapeutic exercises, posture correction, mobility assistance, and pain management techniques. They gained valuable insights into handling patients with musculoskeletal issues, elderly care needs, and rehabilitation practices.

The practical sessions were conducted under the guidance of experienced professionals, allowing students to observe and actively participate in treatment procedures. This exposure not only enhanced their technical skills but also helped them develop empathy, communication abilities, and a patient-centric approach—essential qualities for healthcare and caregiving professions.

The training programme also emphasized discipline, dedication, and service to humanity—core values upheld by the Ramakrishna Mission. The serene and structured learning environment at Ramakrishna Mission Vidyamandira further enriched the overall experience of the students.

Such initiatives play a crucial role in empowering students of Banchbo School of Human Skill Development by equipping them with practical skills and confidence, thereby enhancing their employability and readiness to serve society effectively.

In conclusion, the physiotherapy practical training programme was a highly impactful and transformative experience, paving the way for the students to build a strong foundation in healthcare services and contribute meaningfully to community well-being.



PUBLIC AWARENESS PROGRAM: WORLD PARKINSON'S DISEASE DAY

Participation by Dr. Dhires Kumar Chowdhury



Public Awareness Program to mark the World Parkinson's Disease Day

Theme: "Bridge the Care Gap"

Organized by: Movement Disorders Society of India – MDSI

It was an honour for Banchbo Healing Touch Foundation represented by Dr. Dhires Kumar Chowdhury, Founder Director to participate in the Public Awareness Program organised by the Movement Disorders Society of India National Parkinson Network on World Parkinson's Disease Day. The session brought together leading neurologists, healthcare professionals, and individuals living with Parkinson's Disease from across the country.

Centered on the theme “Bridge the Care Gap,” discussions focused on Young Onset Parkinson's Disease (YOPD), highlighting advances in treatment alongside critical social and psychological challenges. Emphasis was placed on the need for accessible support systems, structured home-based care, and addressing caregiver burnout.

The program reinforced that Parkinson's Disease, especially YOPD, is not only a medical condition but also a socio-economic challenge, calling for more inclusive, life-stage-specific care approaches.

NATIONAL PARKINSON NETWORK

Under the aegis of the Movement Disorder Society of India
movementdisordersindia.org
Presents
Parkinson's Disease Awareness Program
-Bridging the Care Gap-
Focus: Young-Onset Parkinson's Disease

TOPIC: MDSI MPH PD DAY PROGRAM
 DATE & TIME: 18 APRIL 2026: 15:00 INDIA
 VIRTUAL EVENT: [CLICK TO JOIN](#)
 (ZOOM MEETING ID: 834 6065 9912
 PASSCODE: 961753)

Time	Session	Speaker(s)
3:00- 3:05 PM	Welcome Address	Prof. U Meenakshisundaram
3:05- 3:25 PM	Navigating PD in the Young: Challenges and Solutions	Prof. Pramod Kumar Pal
3:25- 3:30 PM	Introduction to Panel Discussion	
3:30- 4: 25 PM	Panel Discussion: Young-Onset Parkinson's Disease Patient, Caregiver & Expert Perspectives Panelists: U Meenakshisundaram, Achal Kumar Srivastava, Ravi yadav, Charulata Sankhla, Hirshikesh Kumar, Rukmini Kandadai, Sneha Kamath, Suvojit Bhowmick, Shreyashi Jha, Madhusree Sengupta, Dhires Choudhury	Moderators: Dr. Roopa Rajan Dr. Jacky Ganguly
4:25- 4:30 PM	Vote of Thanks	Prof. Ravi Yadav

President: Dr. U Meenakshisundaram | President Elect: Dr. Achal Kumar Srivastava
 Past President: Dr. Pramod Kumar Pal | Honorary Secretary: Dr. Ravi Yadav
 Honorary Treasurer: Dr. Sanjay Pandey | Editor in Chief, AOMD: Dr. Souham Desai

Executive Committee Members
 Dr. Samin Singh | Dr. Ryan Krishnan Nair | Dr. Roopa Rajan
 Dr. Jacky Ganguly | Dr. Niraj Kumar | Dr. Pankaj Agarwal

Movement Disorders Society of India | National Parkinson Network | World Parkinson's Disease Day 2026

*"Count your age by friends,
 not years. Count your life by
 smiles, not tears."*

John Lennon

BEST PERFORMER OF THE YEAR AWARD



Mr. Shyamal Bhuniya



Ms. Arati Chowdhury



Ms. Madhurima Karmakar



Mr. Haridas Naskar



Mr. Kunal Kumar



Ms. Kajari Sen

The “**Best Performer of the Year**” award at Banchbo Healing Touch Foundation stands as a heartfelt recognition of the unwavering dedication, compassion, and excellence demonstrated by its nurses and care manager. These professionals are the backbone of caregiving, providing not only clinical support but also emotional comfort and dignity to those in need. Across healthcare systems, such recognition is vital because nurses and care leaders play a central role in delivering quality, patient-centred care and improving overall outcomes.

The award honours individuals who consistently go beyond their responsibilities—showing empathy, leadership, teamwork, and a deep commitment to service. The care manager is acknowledged for guiding teams, ensuring coordinated care, and inspiring a culture of excellence, while nurses are celebrated for their tireless efforts, resilience, and compassionate touch that make a real difference in the lives of patients.

By recognizing these outstanding performers, BHTF not only celebrates individual achievements but also reinforces its mission of delivering holistic, humane, and high-quality care to the community.

“Ageing is just another word for living.”
Cindy Joseph



NOTABLE RECOGNITION



Proud Moment for Banchbo Healing Touch Foundation. We are very happy to inform that Dr. Dhires Kumar Chowdhury has been selected as a Member of the National Committee of the Home Care Association of India.

This recognition reflects not only a personal milestone but also the unwavering dedication and credibility of Banchbo Healing Touch Foundation in setting benchmarks in geriatric home healthcare services.



Banchbo Healing Touch Foundation
A touch of healing...



Good news for Banchbo Members!!!

Other than emergency & preventive healthcare service now we are providing home based service of **Multidisciplinary Specialist Doctors at your doorstep!**

Multidisciplinary Specialist Doctors available for:

CARDIOLOGY	ENT	ORTHOPEDIC
DERMATOLOGY	NEUROPSYCHIATRY	DENTAL
OPHTHALMOLOGY	For any queries contact: 8777565221 9903388556 (Help Desk)	
UROLOGY		

BOISHAKHI ADDA



“**Boishakhi Adda**” was a heartwarming celebration of the Bengali New Year, thoughtfully organized by Banchbo Healing Touch Foundation for its cherished senior members. The event beautifully captured the spirit of togetherness, nostalgia, and cultural pride, offering a vibrant platform where age became no barrier to expression and joy.

The program came alive with soulful musical performances, where senior members sang timeless Bengali songs that resonated with memories and emotions. Recitations added depth and grace to the occasion, as participants eloquently brought poetry to life with passion and confidence. The highlight of the event was the lively dance performances, where the enthusiasm and energy of the performers truly inspired everyone present.

More than just a cultural event, Boishakhi Adda fostered a sense of belonging and emotional well-being among the elderly. Laughter, applause, and shared moments created an atmosphere of warmth and inclusivity, reinforcing the foundation’s commitment to holistic elder care.

The event concluded on a joyful note, leaving behind smiles, strengthened bonds, and a renewed zest for life—perfectly embodying the essence of the Bengali New Year: new beginnings, happiness, and hope.

Health Talk

Old age is not a limitation

it is a new chapter of peaceful, purposeful, and dignified living.

With a few mindful daily habits, life can remain active, joyful, and truly fulfilling—as reflected in the illustration.

Build your day around what matters:

- Nourish your body with balanced, light, and timely meals
- Keep moving—stay physically active every day
- Nurture your mind—stay positive, curious, and engaged
- Stay connected with family, friends, and community
- Care for your health—rest well and follow regular check-ups



Dr. Rivu Basu

Public Health Specialist | Asst.
Professor, All India Institute of Hygiene
and Public Health

**Because small, consistent habits don't just add years to life—
they add life to years, making every day healthier, happier, and more meaningful.**

1 HEALTHY EATING

- 3 balanced meals + 1-2 light snacks
- Morning: Oats/roti + egg/dal + fruit
- Lunch: Rice/roti + vegetables + protein (fish/chicken)
- Dinner: Light (soup/khichdi/roti)
- Eat 1-2 fruits daily
- Drink 6-8 glasses of water
- **Avoid excess oil, sugar & salt**

MORNING

LUNCH

DINNER

6-8 Glasses of Water

EAT SLOW, EAT SMART

2 DAILY PHYSICAL ACTIVITY

- Walk 20-30 minutes daily
- Light stretching or indoor walking
- Simple yoga & breathing (3-4 days/week)
- Chair exercises for flexibility

WALK
20-30 MINUTES

STRETCH
EVERY DAY

YOGA &
PRANAYAMA

CHAIR
EXERCISES

START SMALL, GO STEADY

3 MENTAL WELL-BEING

- Spend 30 mins on hobbies (reading, listening to music)
- Learn something new
- Practice meditation/prayer 10-15 minutes daily
- Talk to loved ones when feeling low

ENJOY YOUR
HOBBIES

LEARN
SOMETHING NEW

MEDITATE
OR PRAY

TALK TO YOUR
LOVED ONES

"TODAY, I WILL STAY WELL."

4 STAY CONNECTED

- Talk to friends/family daily (phone or in person)
- Meet people 1-2 times a week
- Join clubs, temple or community activities
- Spend time with grandchildren

TALK DAILY

MEET WEEKLY

JOIN &
PARTICIPATE

SPEND TIME WITH
GRANDCHILDREN

CONNECTION KEEPS YOU STRONG

5 HEALTH & REST

- Health check-up every 6 months (BP, sugar, etc.)
- Take medicines on time (use alarm if needed)
- Sleep 6-8 hours daily
- Take a short rest 20-30 minutes in the afternoon

REGULAR
HEALTH CHECK-UP

TAKE MEDICINES
ON TIME

SLEEP
6-8 HOURS

SHORT REST IN
THE AFTERNOON

CARE TODAY, COMFORT TOMORROW



DONOR APPRECIATION



On behalf of Banchbo Sociocultural Association, we express our sincere and heartfelt gratitude to Mr. Sandip Chakraborty and Mrs. Bhonu Chakraborty for their generous donation of ₹50,000 towards Vikashita School in the Sundarban. Mr. & Mrs. Chakraborty are our members since 2024 (Membership no: 1640, 1641 in the golden category)

This thoughtful contribution is not just financial support—it is a strong gesture of compassion and commitment towards the education and upliftment of

children from underprivileged communities. Vikashita School continues to strive to provide quality learning, care, and hope to young minds in a region where opportunities are often limited. Your generosity strengthens our mission and motivates us to work even harder for a better tomorrow.

Such acts of kindness create lasting impact and inspire others to come forward in support of meaningful causes. We deeply appreciate your trust in our work and your willingness to make a difference in the lives of these children.

Thank you once again for your invaluable support and for being a pillar of encouragement in our journey.

SERVICE RECORDS

(April 2026)



Members Enrolled



Total Hours



Empaneled Doctors



Total Visit



Blood Test



Emergency Call



Non Emergency Call



Specialists visit



ECG



Ambulance



Care 360 Service



Home Nurse Service



Care Giver



Beneficiary Story

A Timely Response, A Life Saved

Mrs. Dipti Gorai (70), a valued member of Banchbo Healing Touch Foundation (Membership No. 1703), lives in Patuli with her visually impaired husband. Despite living with Hypertension and Type 2 Diabetes, she is known for her quiet strength, discipline, and independent spirit.

On the evening of 13th April, an urgent call from her daughter in the UK raised alarm—Mrs. Gorai was not responding. Recognizing the unusual silence, the BHTF team acted without delay.

An emergency response unit was mobilized immediately. Upon reaching her residence, they found the door locked from inside. With time critically against them, the team secured access and entered. What they discovered was life-threatening. Mrs. Gorai lay unconscious. Her blood glucose level had plummeted to a dangerously low CBG of 18 mg/dL. Without hesitation, the EMU team initiated on-site stabilization with 25% Dextrose Saline infusion, restoring a critical lifeline. She was then swiftly evacuated via BHTF ambulance and admitted through coordinated intervention by our Care Management team.

At the hospital, she was diagnosed with severe uncontrolled Diabetes Mellitus with a critically compromised cardiac function. She required intensive care support & hospital observation for nearly a week.

Thanks to rapid response, clinical precision, and coordinated care—she survived.

Today, Mrs. Gorai is back home, stable and recovering—her resilience restored, her life reclaimed.

This was not just a medical intervention.

It was vigilance in action.

It was compassion under pressure.

It was commitment when it mattered most. Because at BHTF, every life matters—and no one is ever alone.





Echoes of Impact



I take this opportunity to thank Dr Dhires Kumar Chowdhury and all the members of the Banchbo team for providing 24 × 7 emergency support to my mother whose condition otherwise could have been really critical. They took the pressure entirely off me and kept me updated with all the treatment plans and any change of it. My mother was reluctant to go to the hospital so they set up similar infrastructure in the house and gave her all the support to make her condition stable. I am immensely grateful to Dr Chowdhury for creating such a wonderful platform which to me is a kind of one stop solution. Both my mom and dad are under their care. My father is undergoing memory loss due to old age and the Banchbo team is taking care of that too. They have organized for an expert physiotherapist and thus regular exercise has helped him improve his cognition a lot. My mother's recovery has been fast and within 3 weeks she is up on her feet and now both my parents are with us in Sheffield to spend some quality time. Banchbo team has created magic indeed and I am really grateful for their relentless effort, continuous support, and advice which has won our hearts. If you are staying abroad and worried about your parents care, reach out to Banchbo.

Mrs. Supatra Mukherjee, Sheffield, UK
D/O Mr. Siba Prasad Chowdhury (Membership No. 1716) &
Mrs. Pratima Chowdhury (Membership No. 1717)



Doorstep Multidisciplinary Specialist Consultancy

Avail our Multidisciplinary Specialist Consultancy Support at your doorstep – exclusively for our esteemed members, a first-of-its-kind initiative dedicated to ensuring accessible, compassionate, and holistic healthcare guidance.

We express our heartfelt gratitude to our associated specialists for their immense support and generous commitment despite their exceptionally demanding schedules, honouring and prioritising the well-being of our respected members.

- Strictly on prior appointment basis
- Not applicable for emergency response services
- Coordination only through our organisation
- Kindly refrain from direct individual communication with specialists

Because dignified care begins with responsible coordination and compassionate collaboration.

For appointment contact: **8777565221 / 9903388556 / 8240574605**

OUR LIST OF MULTIDISCIPLINARY SPECIALIST CONSULTANTS



CARDIOLOGY & MEDICINE
DR. PRATIK DASGUPTA
(MBBS, MD)



UROLOGY & GENERAL SURGERY
DR. KAUSTAV SAHA
M.B.B.S., M.S. (Gen. Surgery),
F.MAS



DERMATOLOGY (SKIN)
DR. PRIYANKAR MISHRA
(MBBS, MD)



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DR. SUBHANKAR BANDYOPADHYAY
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DR. SUDDHASATWYA CHATTERJEE
MBBS, DNB (General Medicine)



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DR. DEBANJAN BANERJEE
MD, DNB, MD (Psychiatry), DM
(Geriatric Psychiatry), Fellow
(Sexual Medicine) MBBS



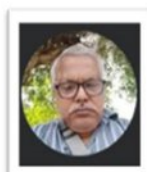
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MBBS (CAL), DO, DNB



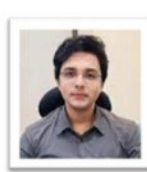
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